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Call us today to find out more you or your loved one.

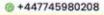
- about how we can help care for
- 0115 666 6748 and quote CONTACTS
- sherwoodhousemanagement@ncha.orq.uk
- www.sherwoodhouse.org





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Leader's column

Welcome to the summer edition of Contacts magazine. I am very pleased that my party, the Labour Party, has won a historic fourth term following the recent local elections. I am very honoured to continue as the Leader of the Council, and citizens have been clear that they are happy with the way we are running the council, but we know there's still plenty to do. I'd like to thank the residents for giving us the opportunity over the next four years to continue to build on our work and to improve the lives of everyone who lives in this great borough; we will not let you down. The full results of the local election are on pages 4–11, including details of the Cabinet members and the details of all 41 newly elected Councillors should you need to contact them about any issues where you live.

We are also delighted to announce that this year's Pride of Gedling Awards nominations are now open. These awards showcase the very best of our borough, so please make sure you nominate your local heroes in the community and let's celebrate the great successes happening across Gedling.

There's also a great story on pages 16 and 17 about the latest tenant to move into the AMP in Arnold Town Centre. Natalee has opened her Solace Skin Care shop, and she is a fantastic asset for the town. I would recommend reading her story and the advice she gives on how to make a business successful.



Councillor John Clarke is the Leader of Gedling Borough Council. You can contact him in writing at the Civic Centre, Arnot Hill Park, Arnold, Nottingham, NG5 6LU or by emailing cllr.john.clarke@gedling.gov.uk

*Please note all information in this issue was correct at the time of writing but may be subject to change



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Having trouble reading this?

Please email

communications@gedling.gov.uk if you need it in large print, audio or another format.

Meet your newly elected Councillors



In May, the local elections were held to decide the 41 Councillors who represent the 19 wards that make up the borough of Gedling. The Labour Party retained control of the council, having members elected to 28 seats. The Conservative Party got 9 members elected to seats, with the Liberal Democrats winning 4 seats. The council decide on how your services are provided including how the budget is spent and how much your council tax will be every year.

The council will continue to be led by Councillor

John Clarke MBE and the Deputy Leader role will also continue to be held by Councillor Michael Payne. They have selected who their cabinet members will be and what their responsibilities are, these are detailed on the next page.

Over the next 8 pages there is information about the Councillors elected including their name, contact details and the ward they represent.

For more detailed information about the local election results

visit www.gedling.gov.uk/elections



Cllr John Clarke MBE Leader of the Council



Cllr Michael Payne
Deputy Leader
Portfolio Corporate Resources
and Performance



Cllr David Ellis
Portfolio Public Protection



Cllr Jenny Hollingsworth Portfolio Sustainable Growth and Economy



Cllr Henry Wheeler Portfolio Lifestyles, Health and Wellbeing



Cllr Marje Paling
Portfolio Environmental
Services (Operations)



Councillor Lynda Pearson Portfolio Communities and Place



Cllr Viv McCrossen
Portfolio Climate Change
and Natural Habitat



Cllr Kathryn Fox Portfolio Life Chances and Vulnerability

Cabinet Members

Your Councillors for rural Gedling





Stuart Bestwick CONSERVATIVE M:07958 351676 cllr.stuart.bestwick@ gedling.gov.uk



Sue Pickering CONSERVATIVE M: 07766 519826 cllr.sue.pickering@ gedling.gov.uk



Martin Smith CONSERVATIVE M: 07377 670 728 cllr.martin.smith@ gedling.gov.uk



Warre

Papplewick

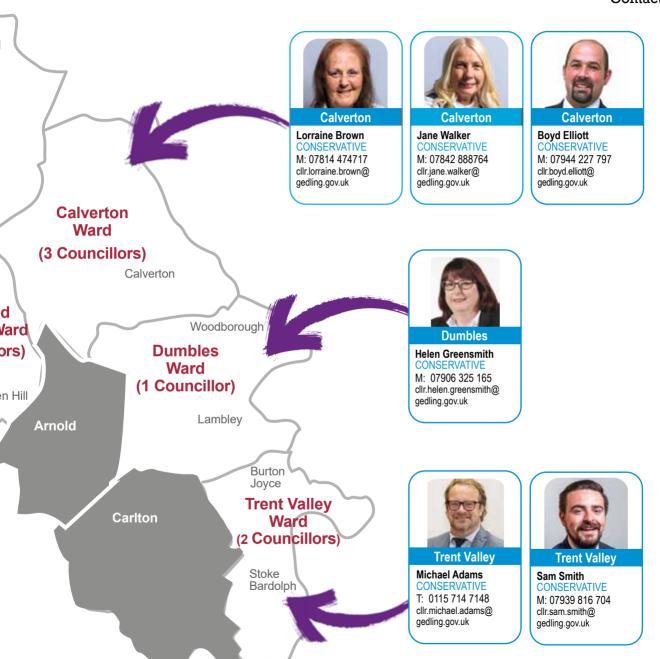
Ravenshead



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Your Councillors for the Arnold area



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Kyle Robinson-Payne LABOUR M: 07937 905443 cllr.kyle.robinson-payne@gedling.gov.uk



Sandra Barnes LABOUR T: 0115 926 4267 cllr.sandra.barnes@ gedling.gov.uk



• Redhill School & Leisure Centre

• Arnot Hil

Park

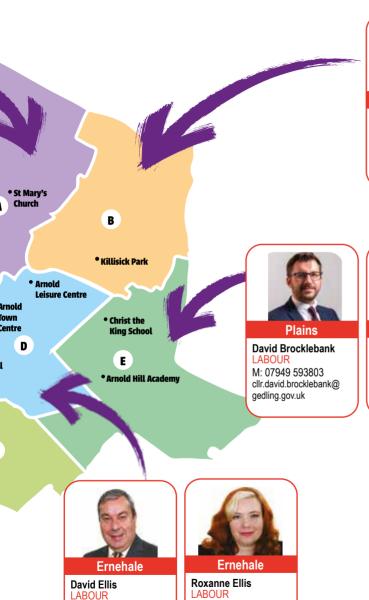


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Viv McCrossen LABOUR cllr.viv.mccrossen@ gedling.gov.uk

Contacts 9



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Ruth Strong LABOUR T: 0115 952 3943 M: 07926 091388 cllr.ruth.strong@ gedling.gov.uk

Your Councillors for the Carlton area



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Porchester

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Porchester

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Carlton Hill

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I



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Carlton

Paul Wilkinson LABOUR

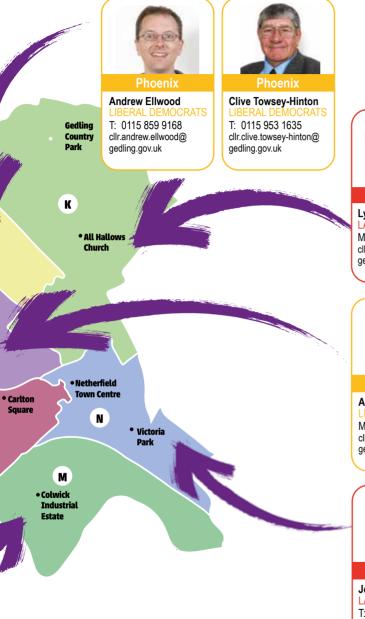
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Holocaust Memorial Garden opened

A new Holocaust Memorial Garden has been officially opened at Gedling Country Park. The memorial garden will commemorate the millions of people who lost their lives in the Holocaust and other genocide atrocities that followed across the world.

The focal point of the memorial garden is a sculpture of a flame to represent the Holocaust Memorial, surrounded by a circular footpath, lined with cherry trees and native wildflowers, as well as several benches. The garden offers visitors a peaceful place to

reflect and remember the millions of men, women and children murdered during the Holocaust.

The garden was opened by the Deputy Leader of Gedling Borough Council, Councillor Michael Payne who was joined by members from the Nottingham Hebrew Congregation Synagogue, including Holocaust survivor, Simon Winston.

You can find out more about the new memorial at www.gedlingcountrypark.com

Further powers to curb car cruisers

Gedling Borough Council has announced further proactive measures to address the ongoing car cruising nuisance that has been affecting several wards in the area. Recent incidents of car cruising, predominantly at the Victoria Retail Park in Netherfield, Mile End Road, Loop Road, and surrounding areas in Netherfield, Colwick and Trent Valley wards, have led to significant disturbances for residents.

In June, Gedling Borough Councillors approved for a Public Space Protection Order (PSPO).

A PSPO imposes restrictions on the use of an area to ensure that the majority of law-abiding citizens can enjoy public spaces free from antisocial behaviour. The proposed PSPO includes conditions to address the antisocial behaviour associated with car cruising activities. It means that anyone in the area, including bystanders who are attending car cruising events, will be issued with a fine.

In addition to the PSPO, Gedling Borough Council has taken steps to enhance surveillance and monitoring in the affected areas. Recently, CCTV cameras have been installed on the Colwick Loop Road near Sainsbury's, while four Automatic Number Plate Recognition (ANPR) cameras have been placed along the Loop Road. These security measures are being funded by the Nottinghamshire Police and Crime Commissioner's Safer Streets bid, as part of

the joint work with Gedling Borough Council and the Police ensuring the safety and well-being of the community.

Before the PSPO can be granted, a consultation process is required. Gedling Borough Council conducted a comprehensive consultation in March, seeking input from the local community, residents, businesses, local councillors, and the local police inspector. The council received several responses, all of which expressed support for the proposed PSPO.



Council calls on schools to tackle air pollution



Gedling Borough Council has written to over 50 schools in the borough to ask for their support to educate parents on the dangers of idling vehicles, particularly during the "school run".

Idling vehicles, where a vehicle is stationary but still has the engine running, release harmful pollutants into the air which can have a negative impact on the environment as well as people's health.

Children are particularly at risk because they have smaller

lungs and breathe more rapidly as well as

spending more time outdoors. Studies have also shown that exposure to air pollution can lead to respiratory problems, such as asthma, coughs, bronchitis and other health issues.

The campaign aims to raise the importance of turning off engines when parked, particularly during school



drop off and collection times. The measures support the council's Air Quality Action Plan as well as the council's pledge to become net zero carbon by 2030.

In 2022, the council introduced Anti-Idling legislation across the borough which states drivers can be issued a £20 fixed penalty notice (FPN), increasing to £40 it not paid within 28 days.

Drivers will not be fined without warning, however those who refuse to turn off their engine when asked by council officers, could find themselves issued with a notice.







Pupils learn about Climate Change

Climate Change Officer, Sim Duhra, hosted her first school assembly at Arnold View Primary School in Arnold to talk to children about the environment, pollution, and climate change.

During the assembly, Sim presented the impact climate change is having on the world, some of its causes, and what we can do about it. The session gave pupils an opportunity to ask questions and share their thoughts on the issue, as well as suggest ways the school could lower their own carbon footprint.

Arnold View Primary School is already leading the way in environmental efforts, having been accredited as a "Plastic Clever School" by local environmental group Kids Against Plastic, and they are working towards an International Eco Schools Award.

The event supports the council's pledge to



become net zero carbon by 2030 by working with groups, such as schools, to raise awareness of environmental issues as well as the council's net zero carbon pledge and Environmental Policy.

If your school is learning about climate change or the environment, contact **sim.duhra@gedling.gov.uk** to find out about what support the council can offer.

A fresh face at AMP

The AMP in Arnold has welcomed a new addition to its collection of small and independent businesses with 'Skin Solace' opening its doors to the public earlier this year. We spoke to the owner, Natalee Onyeche, to find out more about the business.

What does your business do?

"Skin Solace offers luxurious, natural, and vegan skincare products that nourish and pamper the skin. Our products include body butters, lotion bars, body scrubs, soaps, facial oils, butter bath bombs, and shampoo bars, all made with high-quality natural ingredients that are gentle on the skin. Skin Solace is more than just a skincare brand; it's a movement that empowers individuals to prioritize self-care and embrace a healthy lifestyle."

Why did you choose The AMP for your business?

"It took time to find the right location, but when I discovered The AMP, I knew it was perfect for Skin Solace HQ. My unit at The AMP allows me to manufacture my products on-site, have a retail space, and hold workshops that embody my brand's ethos."



What has the community response been like?

"The community response has been incredible since we opened our doors. Residents have shown a keen interest in our products and workshops, and we're grateful for the warm welcome and support from the community.

What challenges have you faced opening a business, and how have you overcome them?

"Opening a business during these times has been challenging, especially after the pandemic. We opened in the winter when footfall is lower, but we're optimistic that things will improve the weather gets better. We've been promoting the business through social media, email campaigns, and local advertising, and also formed partnerships and collaborations with other local businesses to generate more interest in our shop."

What kind of impact do you hope to have through your business?

"We hope to have a positive impact by promoting self-care and wellness. Skin Solace offers a refreshing reminder to slow down and take care of oneself. By using our products, individuals can experience physical and mental benefits, achieve



a state of holistic well-being, and prioritize self-care as a necessity."

What are your plans for the future of your business?

"Our plans for the future include expanding our product line and services. Our goal is to become

services. Our goal is to become a recognized brand in the skincare and self-care industry. Since opening, we've had a positive experience with our customers and the local community, formed strong relationships with other businesses in the AMP, and received great feedback on our products.

Contacts 17

You can find out more about Natalee's products at www.skinsolace.co.uk





Jumping for joy at new play area in Colwick

Colwick Rectory Play Area has reopened following refurbishment works to improve the site and add new and inclusive facilities.

The improvements includes a wheelchair accessible roundabout, zip wire, trampoline, a multi play unit with 17 different features, new swings and more.

Funding for the facilities are thanks to FCC Communities Foundation, a not-for-profit business that awards grants for community, conservation and heritage projects from funds donated by waste and resource management company FCC Environment through the Landfill Communities Fund. In total, FCC Communities Foundation provided a grant of £99,466 for the development.

The design and features of the new play area were chosen thanks to help from children from Netherfield Primary School and St John the Baptist Primary School in Colwick, who took part in a consultation with the council to have their say and give suggestions for what they wanted to see at the site.

The funding bid to FCC was made jointly by Gedling Borough Council and Colwick Parish Council.

Arnold Foodbank is 10

Earlier this year, Arnold Foodbank had its 10-year anniversary. The foodbank was set up by Helen Lloyd at Daybrook Baptist Church following concerns about people in the local area struggling. Roll forward to 2023 and the foodbank has become a vital lifeline for the community. The team has built up connections with several of the large chain supermarkets as well as local community groups and Gedling Borough Council and Nottinghamshire County Council.

To mark the anniversary, the outgoing Mayor of Gedling Borough Council, Peter Barnes, attended an event organised by the foodbank at the Baptist church. He presented Helen and her army of volunteers with a certificate of thanks from the residents of Gedling borough. The event was also used by the group to highlight that there is still a need

for donations, and they also talked about the work they are doing to lobby the government to reduce the need for foodbanks.

Demand at the foodbank continues at record levels. The foodbank served 7,500 people last year, over 2,000 more than the year before. They also provided food to over 300 children, a 75% increase on the previous year. Two-thirds of foodbank users ask for help because they lack sufficient income to meet their essential needs. This has increased further during the ongoing cost of living crisis.

For more information about Arnold Foodbank or to make a donation, visit www.arnold.foodbank.org.uk



Building a better, greener and healthier borough

Gedling Borough Council has been granted funding to develop a Design Code that will establish design principles to be followed when constructing new buildings and public spaces. The Code will be an easy-to-use document that is intended to bring about a real change in design quality throughout the borough. The Code will apply to all types of new residential development, from small to large, and will aim to create attractive and well-connected environments that encourage active and healthy lifestyles.

To ensure that the Design Code reflects the character of specific areas of the Borough, the first step has been to identify this character. The Code will be based on three themes: Characterful Gedling, Greener Gedling, and Connected & Healthy Gedling. The Characterful Gedling theme will seek to ensure that new development reflects Gedling's history and local landscape. The Greener Gedling theme will integrate new streets and spaces with landscape features such as green corridors and water features. The Connected and Healthy Gedling theme will promote development that enables residents to easily access existing and new services such as schools and local shops.

Last summer, the council invited the public to share their opinions on the Borough's buildings and public spaces. This feedback has been used to draft the Design Code, and the council will seek further feedback towards the end of the year. To stay informed about the latest developments regarding the Design Code, visit

www.placegedling.co.uk



Taxi refund scheme

If you purchased a Hackney Carriage vehicle licence or a Private hire vehicle licence, between 1 April 2016 – 31 March 2017 and the 1 April 18 - 31 March 2022, you may be entitled to a partial refund.

Due to an error, the council has overcharged on vehicle licences during this time. Licence holders can apply for a partial refund for each vehicle licence purchased by completing an online form and submitting supporting documents.

To find our more and apply for a refund, please visit www.gedling.gov.uk/taxi-refund





Nottinghamshire County Council

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TAXI

Your vote is your voice — don't lose it









Local residents are being reminded to make sure their registration details are up to date so they don't lose their voice on decisions that affect them.

With the Police and Crime Commissioner and Parliamentary elections due to take place within the next year or so, this is an important opportunity for residents to make sure they can take part.

In July, the elections team will start issuing annual canvass communications to all households, asking them to check that their details are correct. Following changes to the way we deliver the canvass, some households may be contacted by email, text, letter or form. Residents are encouraged to reply using the Household Response Service, entering the codes provided, which helps to save on postage costs to the Council.

Residents that have recently moved house and receive a text or email relating to a previous address, are asked not to proceed with their response as communication will be sent to their current address. All eligible residents can ensure

they are registered, at any time, by visiting www.gov.uk/register-to-vote.

In September/October, our canvassers will be conducting door to door visits to households that haven't responded to the canvass communication.

Following the completion of canvass, the Electoral Register will be published on 1

December 2023

Residents who have any questions relating to electoral registration can email elections@gedling.gov.uk or call the helpline on 0115 901 3917.

More information about elections and the annual canvass is available via our website www.gov.uk/elections/ annualregistrationcanvass



in association with



Pride of Gedling Awards nominations are open

We are delighted to announce that nominations for the Pride of Gedling Awards 2023 in association with Keepmoat Homes, are now open.

The Pride of Gedling Awards are an opportunity for us to shine a light on the incredible achievements of residents, businesses and community groups across the borough, making a big difference to peoples' lives. Last year, we received over 190 nominations across the six categories, all of which were of a very high standard.

If you know a friend, colleague, neighbour, local community or business who deserve to be recognised for something they have done, then get nominating.



The six categories are:

- Business in the Community Award
- Community Heroes Award
- · Dylan Barker (Young Achiever) Award
- Outstanding Community Project Award
- Environmental Hero Award
- Inspirational Healthy Lifestyles Award

This year's event will be held at the council's civic centre in November and the full details on how you can nominate someone are at www.prideofgedling.co.uk

Sponsor an award

If you are a local business who would like to be a part of this special event and sponsor an award, please visit

www.prideofgedling.co.uk and find out more about our competitive advertising and sponsorship packages.



What's on at * **The Bonington**

Summer 2023

Cinema

Asteroid City Barbie



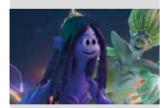
Flemental

Haunting in Venice

Indiana Jones and the Dial of Destiny

My Big Fat Greek Wedding 3 Oppenheimer

Ruby Gillman, Teenage Kraken



Teenage Mutant Ninja Turtles

The Little Mermaid

Cinema tickets

£6.80 | £5.80 (concessions) £4 16-25 members £5 Film tickets on Tuesdays

Book online or call the box office.

Event Cinema

Oklahoma! The Musical 19. 28. 29 & 30 July. £12.50 | £10

André Rieu's 2023 Maastricht Concert: Love is All Around Saturday 26 – Thursday 31 August £12.50 | £10

Royal Opera House Live: Das Rheingold

Wednesday 20 September. 7.15pm £15 | £12.50

Royal Opera House Live: L'Élisir D'Amore

Sunday 8 October, 2pm £15 | £12.50

Royal Opera House Live: Don Quixote

Tuesday 7 November, 7.15pm £15 | £12.50

Royal Opera House Live: The Nutcracker

Tuesday 12 December, 7,15pm £15 | £12.50



Theatre

Echoes of the Front Room: Parts 1 & 2

Friday 21 & Saturday 22 July, 7.30pm £19 | £15

Hotspot Comedy Night

Thursday 24 August, 7,30pm

Quantum Theatre: The Tales of Peter Rabbit and **Beniamin Bunny**

Friday 1 September, 2.30pm £12.50 | £10

Bonington Players

Wednesday 18 – Saturday 21 October **FTRC**

Copper Studios: Legally Blonde the Musical

Thursday 16 - Saturday 18 November £15 | £12

Tony Stockwell: Psychic Medium

Wednesday 6 December, 7.30pm £24 | £21.50



Live Music

Jazz in the Bar Third Sunday of each month.

7.30pm £8

> **Nottingham Organ Society** First Monday of each month. 7.30pm £81£7

Bonington Theatre High Street, Arnold NG5 7EE . 0115 901 3640

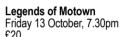
www.boningtontheatre.co.uk

Reminisce with Revival Saturday 23 September, 7,30pm Sunday 24 September, 2pm £12



Stagedoor Events: Everly **Brothers & Friends** Friday 6 October, 7.30pm

Tony Farrell Big Band Saturday 7 October, 7.30pm **£TBC**



ABBA Sensation Friday 27 October, 7.30pm £17



Cilla and The Swinging 60s Friday 3 November, 7.30pm £15







f @thebonington



'Films for a Fiver' at The Bonington

A new money saving offer has launched at The Bonington Theatre in Arnold to help make cinema more accessible and affordable for people.

The 'Films for a Fiver' offer enables people to buy tickets for film screenings on Tuesdays for just £5, allowing them to watch the latest Hollywood blockbusters and independent films at a reduced cost.

Located alongside the Arnold Leisure Centre on High Street, The Bonington Theatre hosts a wide range of live music, theatre shows, comedy gigs and films throughout the year. Customers can now book film tickets for Tuesday screenings for just £5, saving £1.80 on standard adult tickets. Children, concessions and carers will save 80 pence per ticket. There's free entry for children under two years old and customers aged 16-25 with a Young Person's Membership will continue to receive a reduced cinema ticket price of £4.

See what films are coming up and book cinema tickets online at <u>www.boningtontheatre.co.uk</u>, in-person at the box office or by calling 0115 901 3640.



Healthy body, healthy mind

Being active is important for both your physical and mental health. The NHS recommends that adults should do at least 150 minutes of moderate intensity activity or 75 minutes of vigorous intensity activity each week. Children aged over 5 and young people are advised to be physically active for at least 60 minutes per day.

But what does this mean exactly?

Moderate intensity activities will raise your heart rate, make you breathe slightly faster and warm you up. This could include taking a brisk walk, dancing, water aerobics or riding a bike.

Vigorous intensity activity like running, swimming or playing sports such as football and netball will make you breathe harder and faster.

Not only is exercise good for you physically, it releases 'feel good' chemicals in your brain such as endorphins, which can increase your motivation, self-esteem and energy levels.

Being more physically active can also reduce your risk of developing health conditions including heart disease, strokes, diabetes and depression.

If you're not sure where to start in getting more active, fitness advisors at the leisure centres can help you find exercises to suit your fitness levels and abilities. They can book you in for a Boditrax assessment which will build a picture about your body, such as your muscle mass, fat percentage, metabolic rate and age, hydration levels and more. They can then tailor a personal health and fitness programme for you.

Sign up for a free three day Gedling Leisure pass to book a Boditrax assessment try pools, gyms and classes and start your journey to become more active.

For more information, call one of the centres or visit the Gedling Leisure website: www.gedling.gov.uk/leisure







KEEP ME POSTED



Get a free weekly email reminder the night before your green, black, brown or glass bin is due to be collected.

We will also notify you about any service disruption near you or changes to your collection so you'll never miss out.

Sign up for reminders at www.gedling.gov.uk/reminder

Get free bin collection reminders





Driving change for older residents

Are you 60 or over? Want to help shape the future for older residents in Gedling? Join Gedling Seniors Council.

Gedling Seniors Council is a diverse group of older residents, voluntary groups, and charities working in partnership with Gedling Borough Council to improve the services and support available for older people in the borough.

The group have already worked on a range of projects such as contributing to

the Giving for Gedling Winter Assistance booklet, participating in research on loneliness and shared decision-making, promoting Gedling's heritage, designing the SPRIING project, and engaging in intergenerational discussions and events.

For more information about the group and details of how to join, contact Jane Ansell, Community Partnerships Manager:

Tel: 0115 901 3698

Email: community@gedling.gov.uk



Dog breeders prosecuted

A couple from Arnold, Nottingham, has been prosecuted at Nottingham Magistrates Court for breeding and selling dogs without a license. Anyone who breeds and sells dogs for business purposes must have a license. These licenses, issued by the council, ensure that breeders adhere to responsible practices, comply with the law, and safeguard customer rights and animal welfare.

After receiving complaints, council officers investigated a business operating in the Arnold area. It was found that they were operating without a dog breeding license and did not have planning permission for business use of the site. The couple's subsequent application for a dog breeding

license was denied. Additionally, their subsequent request for planning permission to develop the site was also rejected, due to the impact on the Green Belt and potential disruption to nearby properties.

Despite warnings, the couple continued to breed and sell dogs without a license. As a result, the council took appropriate enforcement measures. On March 28, 2023, the couple pleaded guilty to the offence and were ordered to pay fines and costs totaling over £3,500.

If residents suspect illegal dog breeding activities, they can report such cases to the council by sending an email to licensing@gedling.gov.uk.



Rate Your Read -Contacts Magazine Survey

WE WANT YOUR FEEDBACK

We produce Contacts magazine to keep you updated with local news, helpful advice, and important changes from Gedling Borough Council. We think we're doing a pretty good job with the magazine, but what really matters is what you think.

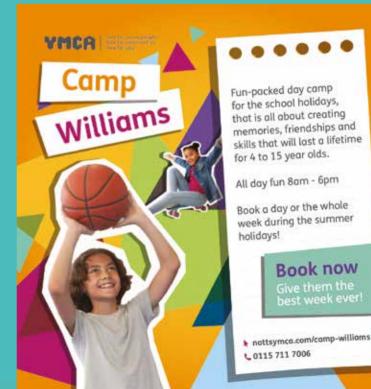
We're always looking to make things better, and that's where you come in. We've set up a short online survey to get your thoughts and feedback to see where we can improve.

Do you like the magazine's design? Is the information we provide useful?

Do you think three issues a year is the right amount?

Give us your views and help us shape the future of Contacts magazine by visiting www.gedling.gov.uk/ haveyoursay







Outgoing Mayor raises £7,500 for Nottingham Hospitals Charity

We are very pleased to announce that our outgoing Mayor, Peter Barnes, has successfully raised an impressive £7,500 for Nottingham Hospitals Charity, supporting children battling cancer. We extend our deepest gratitude to residents whose contributions have made this achievement possible.

Nottingham Hospitals Charity is an organisation dedicated to providing crucial support to Nottingham Children's Hospital, Queen's Medical Centre, and City Hospital. The funds raised will make a significant impact on the lives of children and families affected by cancer.

The financial aid generated through this campaign will help cover medical treatments, specialised equipment, and resources for children fighting cancer. Additionally, the funds will contribute to research initiatives and programs that seek to improve cancer treatments and find potential cures.

Peter Barnes said: "Thank you to all of the residents who helped raise this fantastic amount and for your unwavering support and dedication to creating a brighter future for children facing cancer."

New Mayor appointed

At the Annual General Council Meeting in May, the new Mayor of Gedling Borough Council was voted in. Councillor Julie Najuk will be this year's Mayor and will be supported by the Deputy Mayor, Councillor Ron McCrossen. Cllr Najuk's chosen charity for her fundraising activities will be the Anthony Nolan Charity.

If you would like to contact the Mayor to attend your event or if you would like to donate to the Mayor's charity, please emailthe Mayor's office at elections@gedling.gov.uk



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